



MARCH 2024



@mydogisaqueen

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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NOS ÉCONOMIES 2024

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Nos projets

Semaine du ...

WEEKLY Planner 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

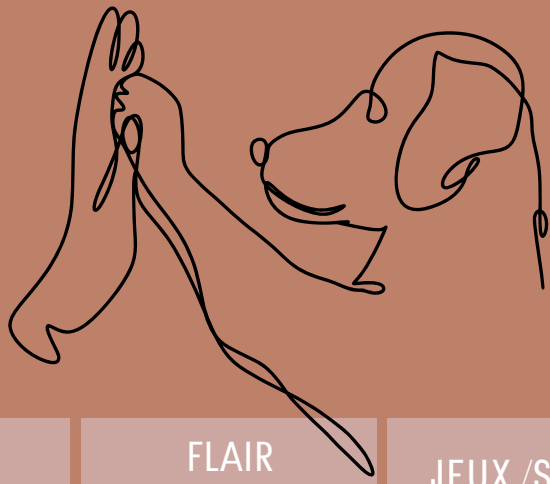
FRIDAY

SATURDAY

SUNDAY

NOTES

MOVE YOUR BODY
Our plans



| | RANDO / PROMENADE | SPORTS / ACTIVITES | FLAIR /STIMULATION | JEUX /SOCIA |
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TO DO LIST ²⁰²⁴

Me and my Dog

@mydogisaqueen

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NOS ROUTINES

My dog



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NOS ROUTINES

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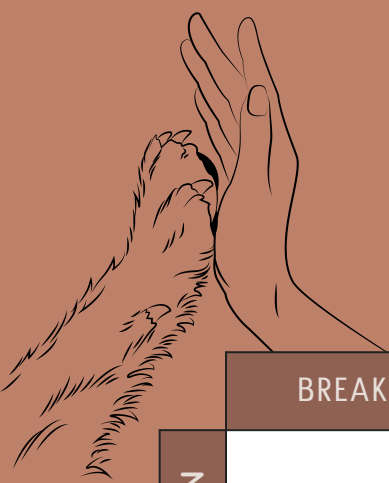


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FOOD ORGANISER

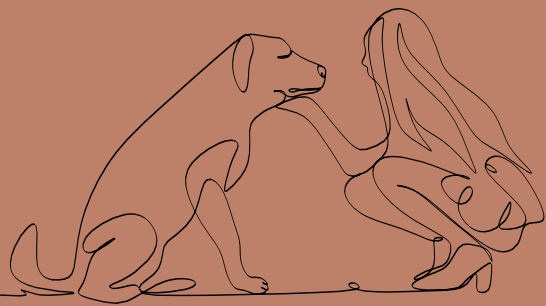
Food Time 



| | BREAKFAST | LUNCH | DINNER | SNACKS |
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DAILY Planner

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TOP 3 PRIORITIES

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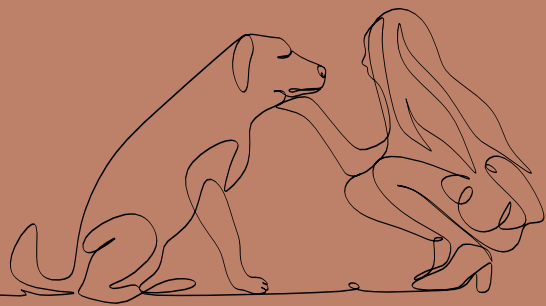
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TO-DO LIST



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DAILY Planner

2024 

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TOP 3 PRIORITIES

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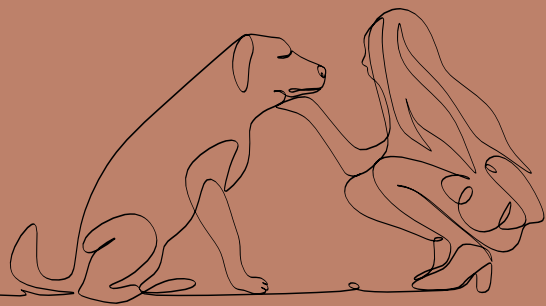
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TOP 3 PRIORITIES

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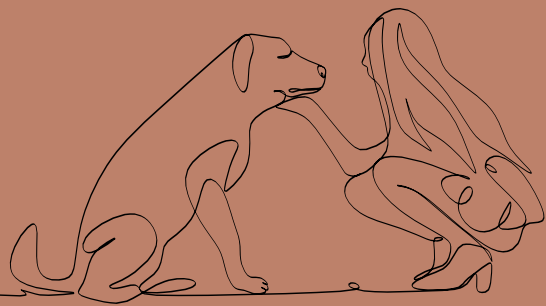
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DAILY Planner 2024



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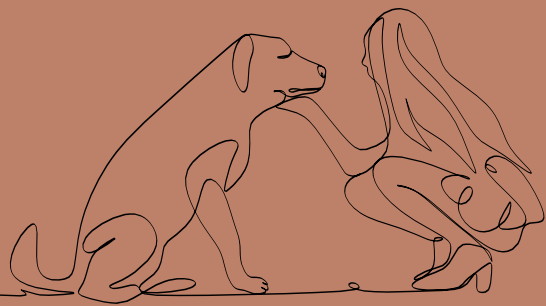
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TO-DO LIST



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DAILY Planner

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TOP 3 PRIORITIES

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TO-DO LIST



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NOTES



WEEK-END IS LIFE

Saturday

MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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WEEK-END IS LIFE

Sunday



MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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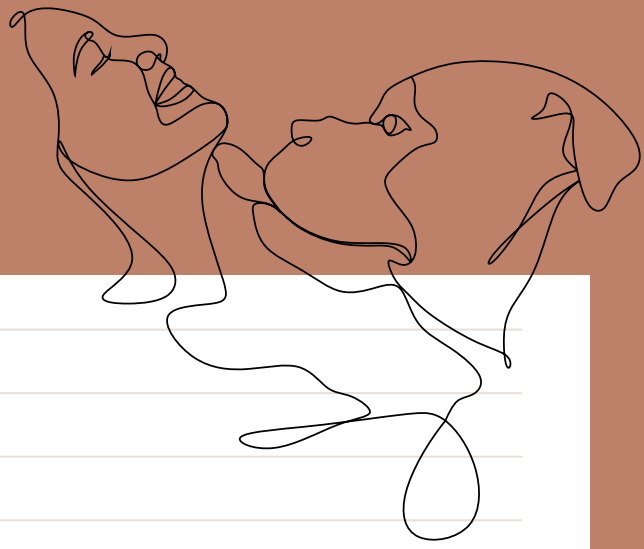
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NOTES PERSO
My dog and me



Semaine du ...

WEEKLY Planner 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

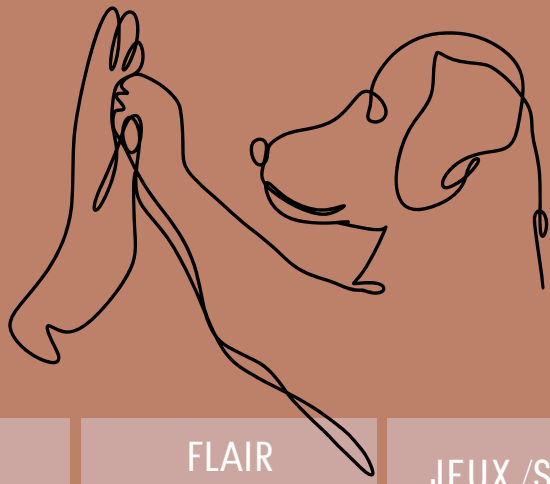
FRIDAY

SATURDAY

SUNDAY

NOTES

MOVE YOUR BODY
Our plans



| | RANDO / PROMENADE | SPORTS / ACTIVITES | FLAIR /STIMULATION | JEUX /SOCIA |
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TO DO LIST ²⁰²⁴

Me and my Dog

@mydogisaqueen

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NOS ROUTINES

My dog



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FOOD ORGANISER

Food Time 

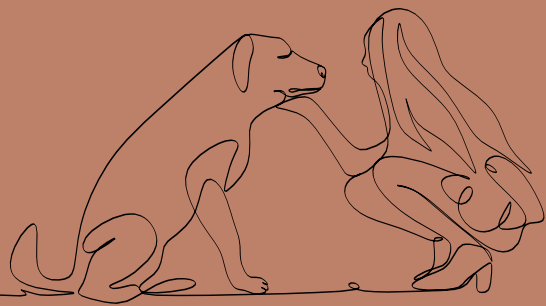


| | BREAKFAST | LUNCH | DINNER | SNACKS |
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DAILY Planner

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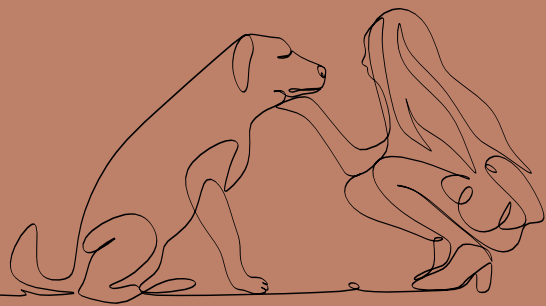
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TO-DO LIST



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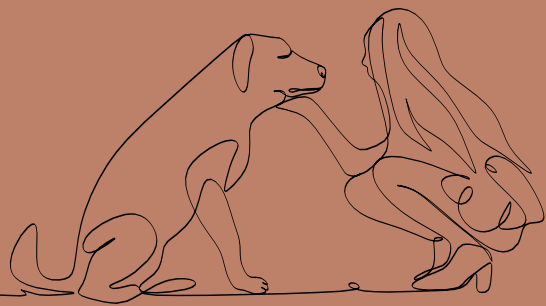
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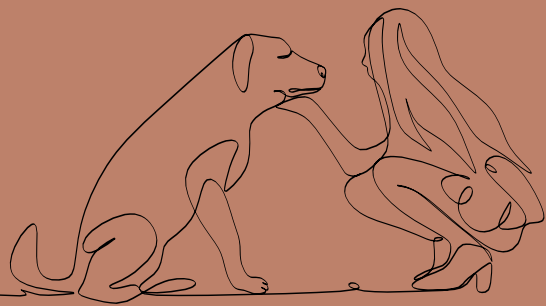
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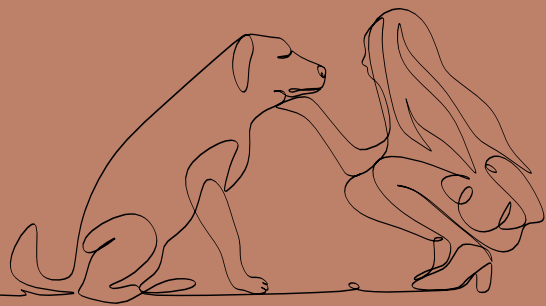
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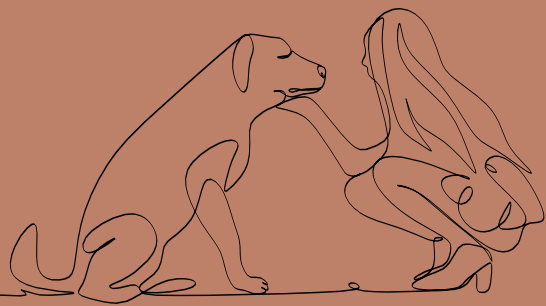
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TO-DO LIST



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DAILY Planner

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TOP 3 PRIORITIES

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TO-DO LIST



M É M O

NOTES



WEEK-END IS LIFE

Saturday

MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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WEEK-END IS LIFE

Sunday



MOTIVATIONS DU JOUR ?

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MOOD



TOP 3 PRIORITES

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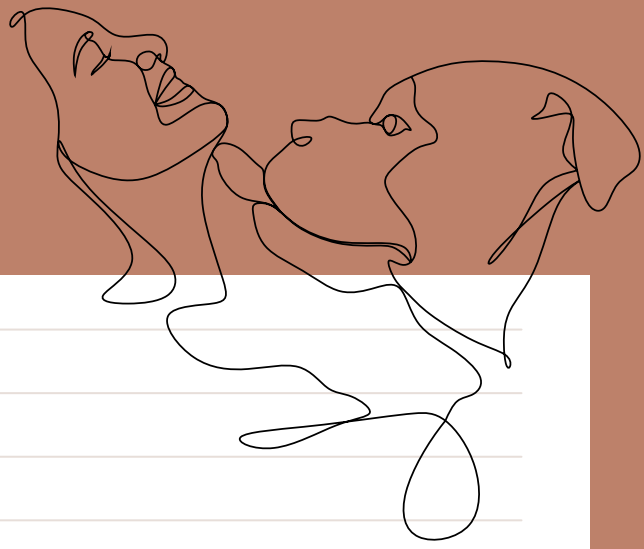
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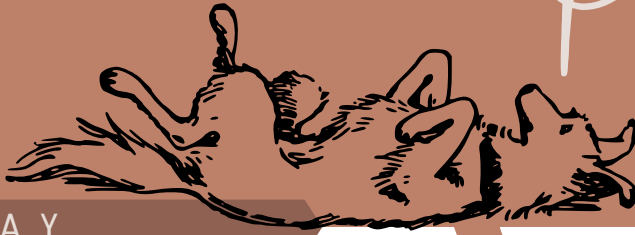
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NOTES PERSO
My dog and me



Semaine du ...

WEEKLY Planner 2024



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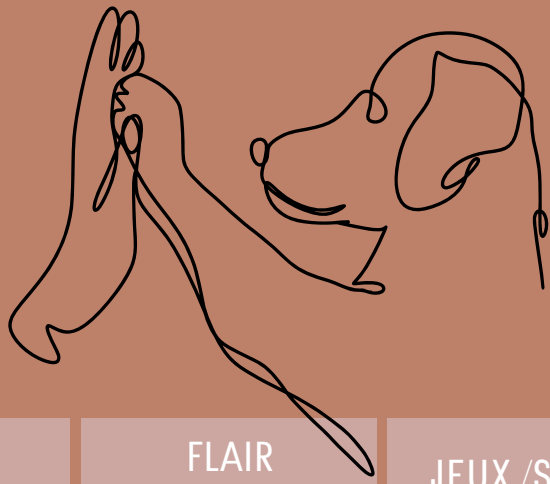
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TO DO LIST ²⁰²⁴

Me and my Dog

@mydogisaqueen

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NOS ROUTINES

My dog



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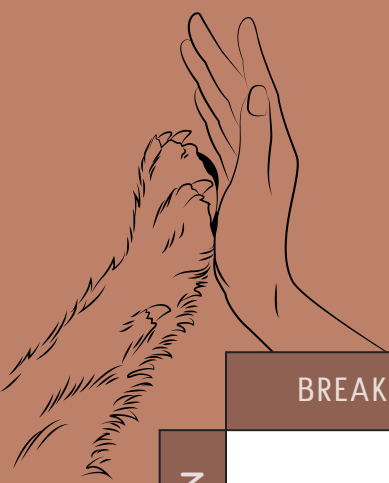
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| BEAUTÉ | L | M | M | J | V | S | D | MES RITUELS |
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FOOD ORGANISER

Food Time 

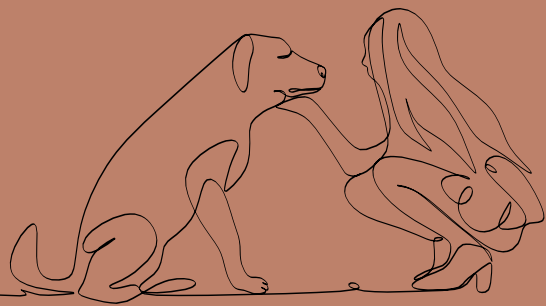


| | BREAKFAST | LUNCH | DINNER | SNACKS |
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Shopping list

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DAILY Planner

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TOP 3 PRIORITIES

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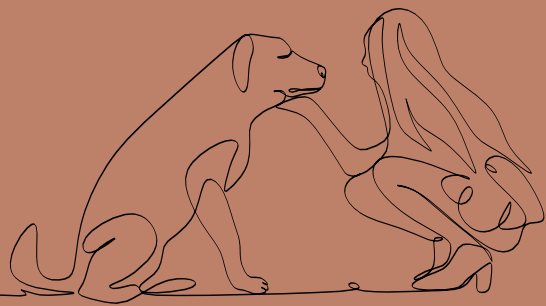
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TO-DO LIST



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NOTES



DAILY Planner

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TOP 3 PRIORITIES

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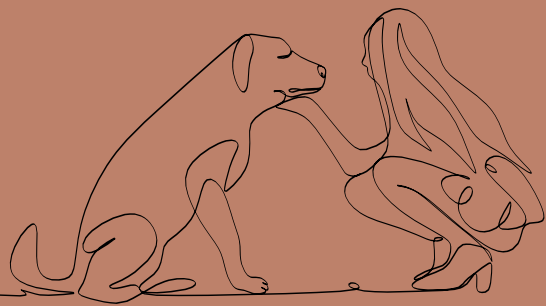
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TO-DO LIST



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NOTES



DAILY Planner

2024 

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TOP 3 PRIORITIES

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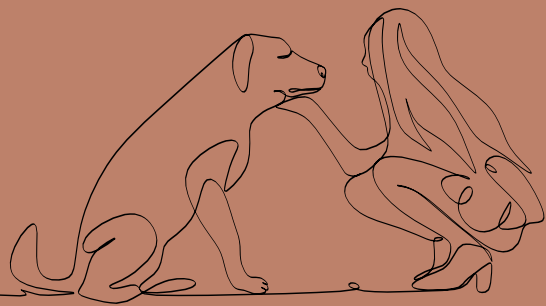
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DAILY Planner

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TOP 3 PRIORITIES

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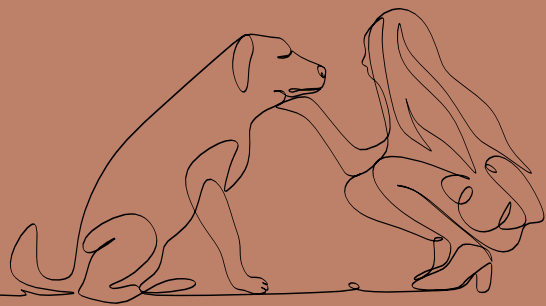
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NOTES



DAILY Planner 2024



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DATE

TOP 3 PRIORITIES

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NOTES



WEEK-END IS LIFE

Saturday

MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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WEEK-END IS LIFE

Sunday



MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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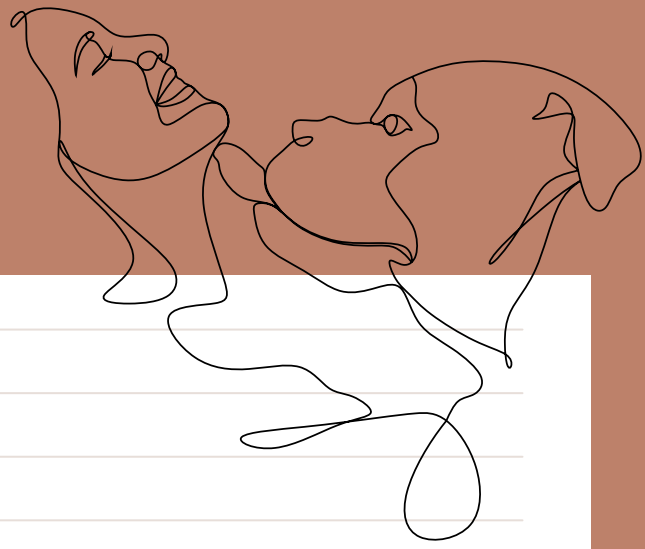
INFO BONUS

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NOTES PERSO
My dog and me



Semaine du ...

WEEKLY Planner 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

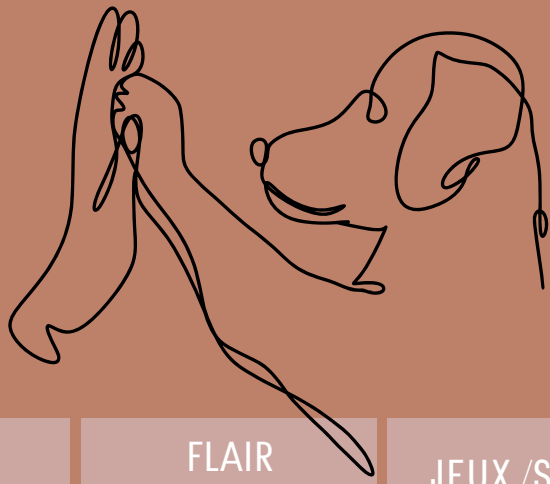
FRIDAY

SATURDAY

SUNDAY

NOTES

MOVE YOUR BODY
Our plans



| | RANDO / PROMENADE | SPORTS / ACTIVITES | FLAIR /STIMULATION | JEUX /SOCIA |
|-----|----------------------|-----------------------|-----------------------|-------------|
| MON | | | | |
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TO DO LIST ²⁰²⁴

Me and my Dog

@mydogisaqueen

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NOS ROUTINES

My dog



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| BONUS RITUELS |
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FOOD ORGANISER

Food Time 



| | BREAKFAST | LUNCH | DINNER | SNACKS |
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Shopping list

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NOS ROUTINES

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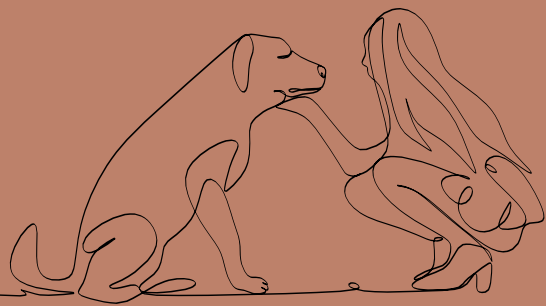


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| BIEN-ÊTRE | L | M | M | J | V | S | D | BONUS ROUTINES |
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TOP 3 PRIORITIES

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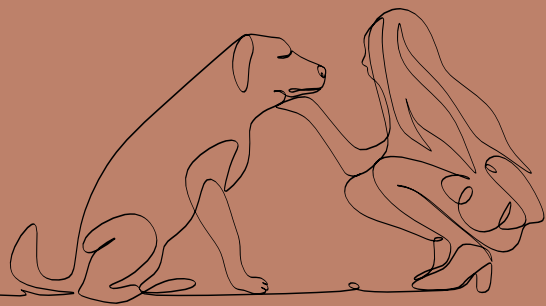
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TO-DO LIST



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NOTES



DAILY Planner

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TOP 3 PRIORITIES

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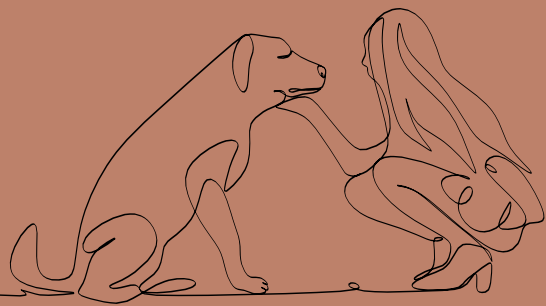
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TO-DO LIST



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NOTES



DAILY Planner 2024



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TOP 3 PRIORITIES

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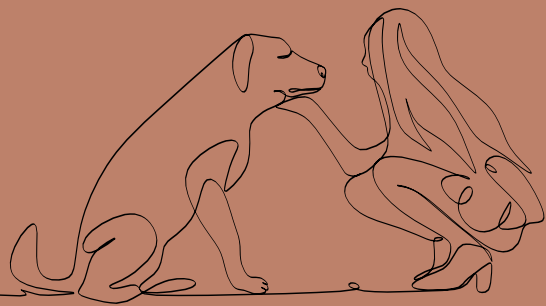
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TO-DO LIST



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NOTES



DAILY Planner

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TOP 3 PRIORITIES

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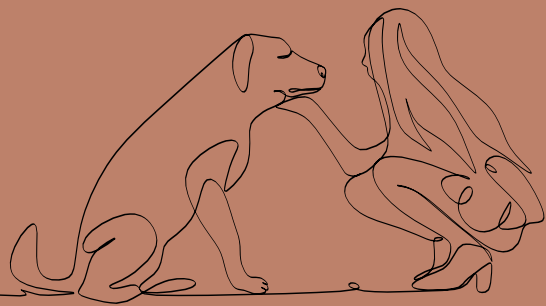
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TO-DO LIST



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NOTES



DAILY Planner

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TOP 3 PRIORITIES

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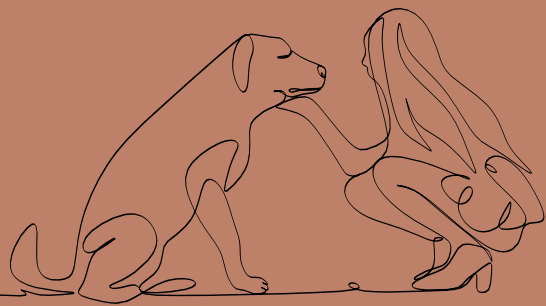
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TO-DO LIST



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NOTES



DAILY Planner 2024

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TOP 3 PRIORITIES

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TO-DO LIST



M É M O

NOTES



WEEK-END IS LIFE

Saturday

MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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INFO BONUS

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WEEK-END IS LIFE

Sunday



MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

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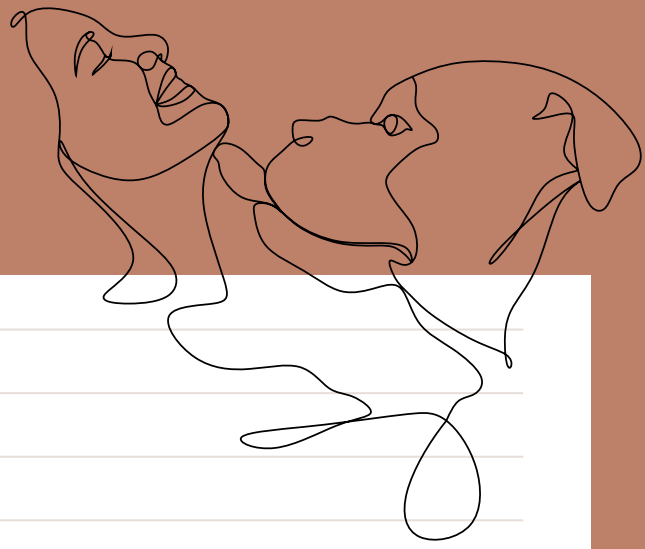
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NOTES PERSO
My dog and me



Semaine du ...

WEEKLY Planner 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

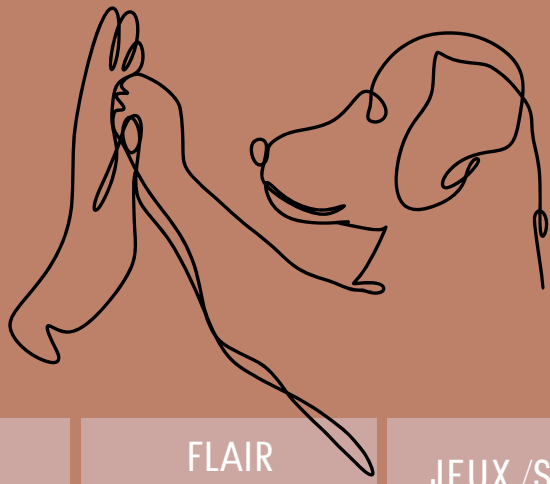
FRIDAY

SATURDAY

SUNDAY

NOTES

MOVE YOUR BODY
Our plans



| | RANDO / PROMENADE | SPORTS / ACTIVITES | FLAIR /STIMULATION | JEUX /SOCIA |
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TO DO LIST ²⁰²⁴

Me and my Dog

@mydogisaqueen

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NOS ROUTINES

My dog



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| BONUS RITUELS |
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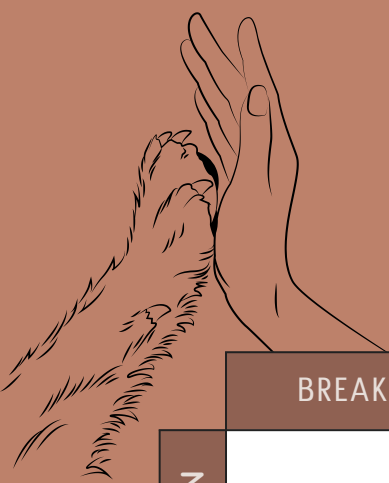
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FOOD ORGANISER

Food Time 

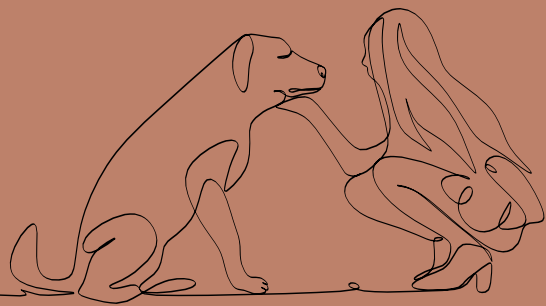


| | BREAKFAST | LUNCH | DINNER | SNACKS |
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Shopping list

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TOP 3 PRIORITIES

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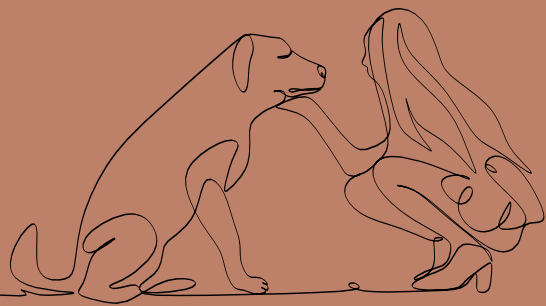
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TO-DO LIST



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NOTES



DAILY Planner

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TOP 3 PRIORITIES

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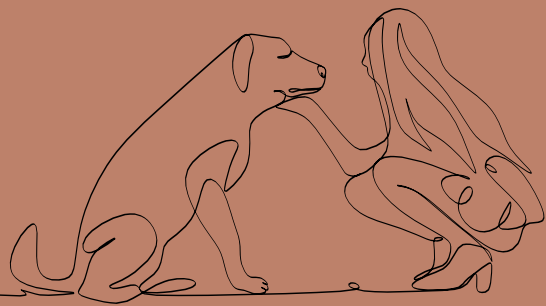
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DAILY Planner

2024 

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TOP 3 PRIORITIES

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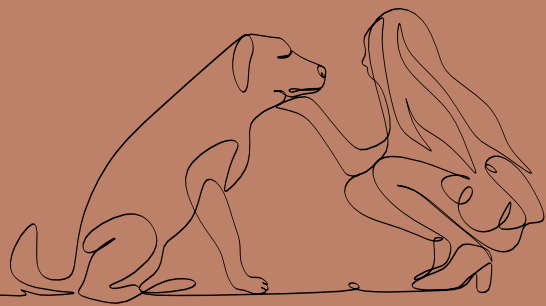
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DAILY Planner 2024



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5 pm

6 pm

7 pm

8 pm

9 pm

10 pm

11 pm

12 am

TOP 3 PRIORITIES

1

2

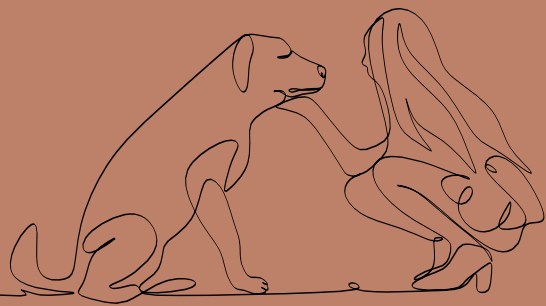
3

TO-DO LIST



M É M O

NOTES



DAILY Planner

2024 

PROGRAMME

DATE

6 am

7 am

8 am

9 am

10 am

11 am

12 pm

1 pm

2 pm

3 pm

4 pm

5 pm

6 pm

7 pm

8 pm

9 pm

10 pm

11 pm

12 am

TOP 3 PRIORITIES

1

2

3

TO-DO LIST



M É M O

NOTES



WEEK-END IS LIFE

Saturday

MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

- 1 _____

- 2 _____

- 3 _____

TO-DO LIST

- _____
- _____
- _____
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- _____
- _____

INFO BONUS

| TIME | NOS PLANS |
|----------|-----------|
| 6:00 am | |
| 6:30 am | |
| 7:00 am | |
| 7:30 am | |
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| 8:30 am | |
| 9:00 am | |
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| 8:00 pm | |
| 8:30 pm | |
| 9:00 pm | |
| 9:30 pm | |
| 10:00 pm | |

WEEK-END IS LIFE

Sunday



MOTIVATIONS DU JOUR ?

MÉTÉO



MOOD



TOP 3 PRIORITES

- 1 _____

- 2 _____

- 3 _____

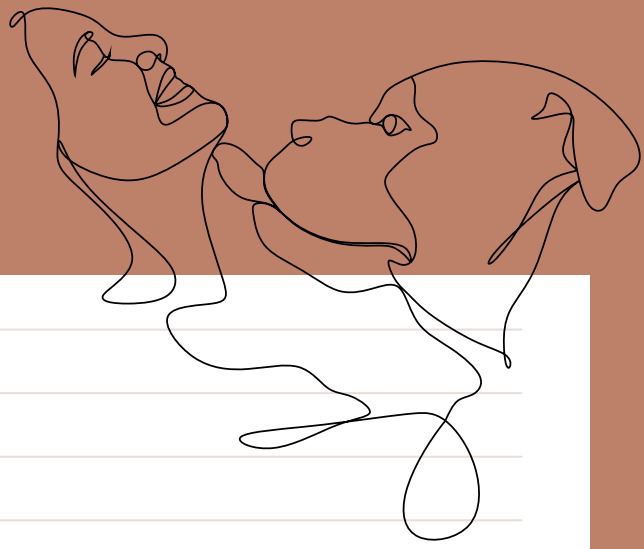
TO-DO LIST

- _____
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INFO BONUS

| TIME | NOS PLANS |
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| 8:00 pm | |
| 8:30 pm | |
| 9:00 pm | |
| 9:30 pm | |
| 10:00 pm | |

NOTES PERSO
My dog and me





RENDEZ-VOUS VÉTÉ

Take care of us

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BOBOS

VACCINATION

TRAITEMENTS

NOTES